



What is Endometrin used for?

Endometrin is a vaginal insert that contains progesterone. Progesterone is a hormone that is produced by the ovaries during the second half of the menstrual cycle. It is an essential hormone for preparing the uterus (womb) for pregnancy and on-going support.

Endometrin is used to supplement or replace your own natural progesterone in IVF programs.

This medicine is available only on a doctor's prescription.

Do not use Endometrin if:

- ◆ You have a history of allergy to Endometrin or its ingredients
 - ◆ You have abnormal vaginal bleeding that your doctor does not know about
 - ◆ Moderate or severe Liver disease
 - ◆ Cancer of the breast or genital organs
 - ◆ Blood clots
 - ◆ Do not take Endometrin after the expiry date on the package has been passed
 - ◆ Do not take Endometrin if the packing is torn or shows signs of tampering
- If your medicine has expired or is damaged, return it to your pharmacist/clinic for disposal

Before you use Endometrin:

TELL YOUR DOCTOR if you have any allergies to:

- ◆ Any other medicines
- ◆ Any other substance such as foods, preservatives or dyes
- ◆ You are breastfeeding
- ◆ Have been very depressed
- ◆ Are using other vaginal medications
- ◆ Suffer from migraines, epilepsy or asthma

Tell your doctor if you are taking any other medicines, including any that you buy without a prescription from your pharmacy, supermarket or health food shop..

How to use Endometrin

Endometrin is intended to be inserted into the vagina. Normally it is prescribed to be used 2 to 3 times a day.

1. Wash your hands and remove the wrapper from the insert
2. Push the insert into the space provided in the applicator, it should fit snugly and not fall out
3. Either by squatting or lying on your back or side insert the applicator well into the vagina
4. Push the plunger to release the insert and remove the applicator. This can be washed in mild detergent and dried for reuse
5. The insert will disperse and progesterone absorbed there is no need to remaining lying down after insertion. Follow all directions given to you by your doctor or clinic nurse carefully.

Follow all directions given to you by your doctor or clinic nurse carefully.

They may differ from the information contained in this leaflet.

If you forget to take Endometrin

If you have forgotten a dose of Endometrin, use it as soon as you can and have your next dose at the usual time. If you are worried contact your clinic nurse or doctor. Do not use more than the recommended by your doctor

Side effects

TELL YOUR DOCTOR or clinic nurse if you do not feel well while using Endometrin.

All medicines have side effects. Sometimes they are more serious, most of the time they are not.

If you think you have side-effects talk to your doctor or clinic nurse.

The most common side effects are:

- ◆ Cramps, abdominal pain
- ◆ Headaches
- ◆ Breast enlargement and pain
- ◆ Feelings of sadness and emotional
- ◆ Decreased sexual drive
- ◆ Sleepiness
- ◆ Constipation and nausea
- ◆ Passing urine at night

Less common side effects are:

- ◆ Bloating, pain
- ◆ Dizziness
- ◆ Vaginal discharge, itching and burning
- ◆ Diarrhoea, vomiting
- ◆ Painful intercourse
- ◆ Painful joints

If you are worried contact your doctor or clinic nurse.

Storage

- ◆ Endometrin should be stored at room temperature below 25°C in its original packaging.
- ◆ **DO NOT LEAVE IN THE CAR**
- ◆ Keep this medicine where children cannot reach it

Disposal

If you have any Endometrin that has expired return it to your clinic or pharmacy for disposal.