

Injecting partial doses of Cetrotide

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Cetrotide comes in special glass bottles with a pre-filled syringe containing solvent. Your doctor will prescribe the dose most suited to you and your treatment. Cetrotide can be injected just beneath the skin's surface. Injections may be given by a nurse or doctor, but are easily done at home, either by you, a partner or a friend.

This leaflet provides an illustrated stepwise guide to injecting Cetrotide at home. Please read through carefully before your first injection.

Step 1 | Getting Ready



Wash your hands thoroughly and prepare a clean working space.

Make sure you have everything that you will need.

- ♦ Cetrotide vial and pre-filled syringe
- ♦ Drawing up needle
- ♦ Small insulin syringe for giving injection
- ♦ Alcohol swab.

Step 2 | Preparing the Cetrotide vial



Flip the protective cap off from the vial and wipe the aluminium ring and the rubber stopper with an alcohol swab.

Step 3 | Preparing the pre-filled syringe containing the solvent



Remove the wrapping from the needle with the yellow mark (big needle) and take the pre-filled syringe and remove cover.

Twist the yellow needle on the pre-filled syringe and remove the needle cover.

Step 4 | Preparing the injection



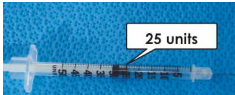
With the vial on a flat surface, push the needle through the centre of the rubber stopper. Slowly inject the water into the vial by pushing the plunger and gently swirl. If bubbles appear, wait a few moments for them to settle.

Withdraw the empty syringe from the vial, keeping the contents in the vial. Using the small insulin syringe provided draw up the required amount of solution from the vial by slowly pulling back on the plunger. For dosage see the table below.

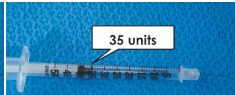
Dosage	Volume	Fraction	Units
62mcg	$\frac{1}{4}$	0.25ml	25 units
85mcg	$\frac{1}{3}$	0.35ml	35 units
125mcg	$\frac{1}{2}$	0.50ml	50 units
165mcg	$\frac{2}{3}$	0.65ml	65 units
250mcg	Whole	1ml	100 units

Remove the bubbles from the syringe by pointing the needle up and tapping the syringe. [Ensure the amount, without the bubbles, is still the same as the doctor requested. If not withdraw more from the vial.] Slowly push the plunger until all air bubbles are gone and drop of liquid appears at the end of the needle.

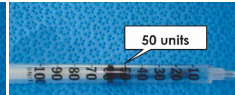
Fractional doses



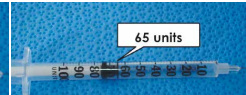
0.25 ml or 25 units



0.35ml or 35 units



0.5ml or 50 units



0.65ml or 65 units

Step 5 | Injecting Cetrotide



You are now ready to inject the Cetrotide. The ideal place to inject is just below the navel, although your doctor or nurse may suggest an alternative site.

First clean the injection site with an alcohol wipe. Let the skin dry for at least one minute. Pinch your skin and insert the needle fully under the skin at 90 degrees to the skin's surface.

Depress the plunger slowly, steadily and fully.

Remove the needle and press down on the injection site with an alcohol wipe.

Dispose of the syringe, plus needle in the sharps bin provided.